ALZHEMIER'S AWARENESS DAY DR. ALAN STEVENS, DIRECTOR, CENTER FOR APPLIED HEALTH RESEARCH, BAYLOR SCOTT & WHITE HEALTH

{**ON CAM**} TODAY IS WORLD ALZHEIMER'S AWARENESS DAY <u>THE ALZHEIMER'S ASSOCIATION ESTIMATES FOUR HUNDRED THOUSAND</u> <u>TEXANS ARE CURRENTLY LIVING WITH ALZHEIMER'S OR DEMENTIA- AND THEY</u> EXPECT THAT NUMBER TO INCREASE BY 20 PERCENT BY 20-25.

{**TAKE VO**} TRT:

DOCTOR ALAN STEVENS WITH BAYLOR SCOTT STUDIES ALZHEIMER'S AND DEMENTIA- HE SAYS HE OFTEN GETS QUESTIONS ABOUT THE DIFFERENCES BETWEEN NORMAL AGING- AND WHAT COULD BE RED FLAGS FOR ALZEHEIMERS. HE USES THE EXAMPLE OF MISPLACING YOUR KEYS- WITH NORMAL AGE-RELATED COGNITIVE DECLINE, YOU MAY MISPLACE YOUR KEYS, BUT EVENTUALLY FIND THEM.

{**TAKE SOT**} DR. ALAN STEVENS BAYLOR SCOTT & WHITE TRT: 27

But now when you don't know what a key is, or you don't know that the key is associated with the car. That's, where's the distinction between an everyday problem of, I can't find my keys to one that's going to impair my life

{**ON CAM**} HE ALSO SAYS THOUGH PEOPLE USE ALZHEIMER'S AND DEMENTIA INTERCHANGEABLY- THEY AREN'T THE SAME. DEMENTIA- HE SAYS- IS AN UMBRELLA TERM USED TO DESCRIBE SYMPTOMS, WHILE ALZHEIMER'S IS A SPECIFIC DISEASE.