

**ARCTURUS COVID VARIANT**  
**David Winter, MD, Internal Medicine, Baylor Scott & White Health**

**{\*\*ON CAM\*\*}**

A NEW COVID-19 VARIANT IS POPPING UP IN THE UNITED STATES.

**{\*\*TAKE VO\*\*}**

ABOUT TEN PERCENT OF COVID CASES IN THE U-S RIGHT NOW ARE DUE TO THE 'ARCTURUS' VARIANT.

ARCTURUS SEEMS TO BE MORE CONTAGIOUS THAN OTHER VARIANTS ... BUT INTERNAL MEDICINE DOCTOR DAVID WINTER SAYS INFECTIONS SEEM TO BE MILD IN MOST PEOPLE.

BUT WINTERS SAYS DON'T RELY ON THAT TREND ... AS THE VIRUS CONTINUES TO MUTATE.

**{\*\*TAKE SOT\*\*}**

David Winter, MD  
Internal Medicine  
Baylor Scott & White  
TRT: 16

"I think we're going to see COVID is going to be around forever. It will mutate on a regular basis; many will be mild but some will be very severe. So, if you want to take your chances, don't get a vaccine. But I recommend you consider that, both for flu and for COVID."

**{\*\*ON CAM\*\*}**

DOCTOR WINTER SAYS THIS PATTERN MIRRORS INFLUENZA ... SEVERAL YEARS OF MILD MUTATIONS .... FOLLOWED BY A MORE SEVERE STRAIN ABOUT ONCE A DECADE.

WHICH IS WHY HE RECOMMENDS REGULAR VACCINES FOR BOTH.