

EMERGENCY PREPAREDNESS

Taylor Ratcliff, MD, Emergency Medicine, Baylor Scott and White Health

{**ON CAM**}

KEEP AN EYE ON YOUR LOCAL FORECAST THIS WEEK- AND PREPARE FOR POTENTIAL SEVERE WEATHER BY PACKING AN EMERGENCY BAG.

{**TAKE VO**}

TRT:

EMERGENCY MEDICINE PHYSICIAN TAYLOR RATCLIFF SAYS HE WATCHED TEXANS LEARN SOME HARD LESSONS DURING LAST YEAR'S BIG-FREEZE. JUST ONE EXAMPLE OF WHY HE RECOMMENDS EVERYONE HAS EMERGENCY SUPPLIES AND AN EMERGENCY PLAN ...

HERE ARE A FEW THINGS HE SUGGESTS PUTTING ON YOUR EMERGENCY CHECKLIST...

{**TAKE SOT**}

Taylor Ratcliff, MD

Baylor Scott and White Health

TRT: 17

I'm gonna have a way to communicate. I'm gonna have a way to charge my items. Um, I'm gonna have some kind of a lighting source. I'm gonna have some kind of way to protect myself from the elements. We're gonna want to take food and water. I think those are gonna be the basics. And again, medications, if you're on medications.

{**ON CAM**}

ANOTHER TIP FROM DOCTOR RATCLIFF- FIGURE OUT HOW AND WHEN YOU WILL CHECK IN WITH FAMILY MEMBERS IF YOUR CELL PHONE GOES DEAD.