

SKIN AWARENESS – KIDS AND SUN EXPOSURE
DR. KATHERINE FIALA, DERMATOLOGIST, BAYLOR SCOTT & WHITE HEALTH

{**ON CAM**}

[EVEN ONE BLISTERING SUNBURN IN CHILDHOOD MORE THAN DOUBLES YOUR CHANCE OF DEVELOPING MELANOMA AS AN ADULT-](#) THAT'S ACCORDING TO THE AMERICAN SKIN CANCER FOUNDATION

{**TAKE VO**}

TRT:

WELL...IF THE SUN IS TEMPTING YOU THIS SUMMER– BAYLOR SCOTT AND WHITE DERMATOLOGIST KATIE FIALA CAUTIONS HER PATIENTS NOT TO LET THAT DISCOURAGE THEM.

SHE SAYS SOMETIMES PATIENTS WHO EXPERIENCED SUNBURNS AS KIDS COME IN WITH THE ATTITUDE THAT 'THE DAMAGE IS ALREADY DONE- SO WHY START PROTECTING THEIR SKIN NOW?

BUT SHE SAYS THAT CONTRADICTS THE RESULTS SHE SEES IN HER PRACTICE.

{**TAKE SOT**}

TRT: 20

DR. KATHERINE FIALA
BAYLOR SCOTT & WHITE

And I've seen patients who were coming in and getting skin cancers taking off every year. They started really being diligent with sun protection and the numbers started to decrease. And so it can definitely make a difference down the road.

{**ON CAM**}

FIALA SAYS FOR BEST RESULTS- STAY OUT OF THE SUN BETWEEN THE HOURS OF 10 A.M. AND 2 P.M., WEAR PROTECTIVE CLOTHING, AND A FULL SPECTRUM S-P-F.