

VISION HEALTH
DR. WILLIAM WHITE, OPTOMETRIST, BAYLOR SCOTT & WHITE HEALTH

{**ON CAM**}

WHEN WAS THE LAST TIME YOU HAD AN EYE EXAM? IF THE ANSWER IS HARD TO REMEMBER- IT'S PROBABLY TIME TO GET IT ON THE CALENDAR.

{**TAKE VO**}

TRT: 1:11

BAYLOR SCOTT & WHITE OPTOMETRIST DOCTOR WILLIAM WHITE SAYS VISION PROBLEMS OFTEN COME ON GRADUALLY... MAKING THEM HARDER TO NOTICE. BUT EARLY DETECTION CAN KEEP THOSE ISSUES FROM BECOMING PERMANENT.

{**TAKE SOT**}

TRT: 09

DR. WILLIAM WHITE

BAYLOR SCOTT & WHITE

Even if we think that we're doing well, having a good checkup, make sure these eyes are healthy, because sometimes whenever we have damage that we can't, we can't get that back. And it's really unfortunate.

{**ON CAM**}

HE SAYS IF YOU'RE 65 OR OLDER- AN ANNUAL EYE EXAM IS A GOOD IDEA... YOUNGER, HEALTHY PEOPLE WITHOUT A HISTORY OF EYE PROBLEMS CAN GET BY WITH AN EXAM EVERY FEW YEARS.

HE ALSO SAYS AS PEOPLE AGE- THOSE WITH BETTER VISION EXPERIENCE LESS COGNITIVE DECLINE.