

**BACK TO SCHOOL – WALKING BIKING SAFETY**  
**DR. DOMINIC LUCIA, PEDIATRICS, BAYLOR SCOTT & WHITE HEALTH**

{\*\*ON CAM\*\*}

HOW WILL YOUR CHILD BE GETTING TO SCHOOL THIS YEAR?

IF THE ANSWER IS WALKING OR BIKING, ONE PEDIATRIC EMERGENCY ROOM DOCTOR WANTS YOU TO START PLANNING \*NOW\* FOR A SAFE COMMUTE.

{\*\*TAKE VO\*\*}

TRT:

DOCTOR DOMINIC LUCIA (LU-CHEE-UH) AT BAYLOR SCOTT & WHITE MCLANE CHILDREN'S MEDICAL CENTER SAYS HE TOO OFTEN SEES KIDS WHO'VE BEEN HIT BY CARS. THAT'S WHY HE RECOMMENDS PARENTS TAKE IMPORTANT STEPS TO PREPARE THEIR SCHOOL-AGE CHILDREN.

FIRST, HE SAYS VISIBLE CLOTHING IS A MUST.

NEXT, HE SAYS IT'S IMPORTANT PARENTS REHEARSE THEIR ROUTE.

{\*\*TAKE SOT\*\*}

DR. DOMINIC LUCIA

BAYLOR SCOTT & WHITE

TRT: ??

"This is the path we take, every time. No exceptions. If, for some reason, you're unable to take this path, you need to call me, and we'll figure out an alternate route or I'll come pick you up. So, if they are walking to school, a buddy and a consistent path are really important."

{\*\*ON CAM\*\*}

YOU HEARD HIM SAY "BUDDY". HE RECOMMENDS PAIRING YOUR CHILD WITH A PEER FOR THEIR WALK OR BIKE TO SCHOOL ... PREFERABLY THE SAME PERSON EVERY DAY.

HE SAYS THAT DECISION ALONE IS HELPFUL IN DECREASING ACCIDENTS.