

**BREAST CANCER SCREENING RECOMMENDATIONS**  
**Carol Nwelue, MD, Internal Medicine, Baylor Scott & White Health**

{\*\*ON CAM\*\*}

A PANEL OF NATIONAL EXPERTS IS PROPOSING BIG CHANGES TO MAMMOGRAM SCREENING GUIDELINES ... AND IT MAY MEAN MILLIONS OF WOMEN NEED MAMMOGRAMS ... SOONER THAN THEY THOUGHT.

{\*\*TAKE VO\*\*}

BREAST CANCER IS THE SECOND LEADING CAUSE OF CANCER DEATH IN THE U-S ... KILLING ABOUT FORTY-TWO THOUSAND WOMEN A YEAR.

IF THE RECOMMENDATIONS BECOME FINAL... WOMEN WITH AN AVERAGE RISK OF BREAST CANCER WOULD BE ENCOURAGED TO GET MAMMOGRAMS AT AGE FORTY ... RATHER THAN WAITING UNTIL FIFTY.

INTERNAL MEDICINE DOCTOR CAROL NWELUE SAYS THE PANEL HOPES THE PROPOSED GUIDELINES WILL REDUCE BREAST CANCER DEATHS ... BY DETECTING CANCER EARLIER.

{\*\*TAKE SOT\*\*}

TRT: 12

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“The task force has identified that they would save between nineteen and twenty percent of lives, that’s about eight thousand people every year by changing this screening recommendation.”

{\*\*ON CAM\*\*}

UNSURE WHEN YOU SHOULD START BREAST CANCER SCREENING? NWELUE SAYS A CONVERSATION WITH YOUR OB-GYN OR PRIMARY CARE DOCTOR ABOUT YOUR INDIVIDUAL RISK FACTORS IS AN IMPORTANT FIRST STEP.